

Warm Up Schedule - Morning Preliminary Sessions

"A" Group

Friday Morning -
 General Warm Ups - 7:00 AM to 7:30 AM
 Specific Warm Ups - 8:00 AM to 8:25 AM

Saturday Morning -
 General Warm Ups - 7:30 AM to 8:00 AM
 Specific Warm Ups - 8:00 AM to 8:25 AM

Sunday Morning -
 General Warm Ups - 7:00 AM to 7:30 AM
 Specific Warm Ups - 8:00 AM to 8:25 AM

"B" Group

Friday Morning -
 General Warm Ups - 7:30 AM to 8:00 AM
 Specific Warm Ups - 8:00 AM to 8:25 AM

Saturday Morning -
 General Warm Ups - 7:00 AM to 7:30 AM
 Specific Warm Ups - 8:00 AM to 8:25 AM

Sunday Morning -
 General Warm Ups - 7:30 AM to 8:00 AM
 Specific Warm Ups - 8:00 AM to 8:25 AM

Team Name	Total
ACAC-SE Atomic City Aquatic Club	2
ASA-GA ASA	1
BEST-MS Biloxi Elite Swim Team	2
BSC-SE Barracuda Swim Club	5
CAD-GA City of Atlanta Dolphins	3
CCAC-GA Carpet Capital Aquatics Club	3
CHRS-SC ColumbiaHydratedRogueSwimmers	5
CMSA-SE City of Mobile Swim Associatio	7
DAQ-GA Dekalb Aquatics	4
DDST-SE Dothan Dolphins Swim Team	1
FINS-SC FINS Swim Team	4
GIST-GA Golden Isles Swim Team	3
GOLD-GA Chattahoochee Gold	26
GSA-NC Greensboro Swimming Assoc	5
GSCS-KY Georgetown-Scott County Super	2
LENR-NC Swim Lenoir	1
LTP-SC LTP Racing Club	7
MAC-NC SwimMAC Carolina	58
MPSC-SC Mount Pleasant Swim Club	6
NMA-NC North Mecklenburg Aquatics, In	8
NSS-NC New South Swimming	4
PALM-SC Palmetto Aquatics	3
RAYS-SC Rock Hill Area YMCA Aquatics	1
SA-NC Stingray Aquatics	5
SMAC-GA Swim Macon	1
SMRT-SC City of Charleston Southern Ma	7
SQID-NC Sanford Squids	1
SSA-SE Scottsboro Swim Association	1
SUNS-MS Sunkist Swim Team	5
TEAM-NC Team Charlotte Swimming	3
TG-SC Team Greenville	10
TYDE-NC Northwest NC YMCA Riptyde	5
UA-NC Ultra Aquatics	3
WAVE-NC New Wave Swim Team	37
WBST-NC Wilson Barracuda Swim Team	2
WOW-NC Waves Of Wilmington,Inc.	2
WST-NC Watauga County Swim Team	1
XCEL-SE Excel Aquatics	9
YCSC-SC YMCA Columbia Swim Club	2
YOTA-NC YMCA of the Triangle Area Swim	1
YSSC-SC Y-Spartaquatics Swim Club	39

Team Name	Total
ATOM-NC Aquatic Team Of Mecklenburg	9
AUB-SE Auburn Aquatics	8
BLST-SE Blount Area Swim Team	1
CAC-SC Coastal Aquatic Club	2
CA-SC Carolina Aquatics Swim Club	12
CBF-GA Carrollton Bluefins	2
CCS-NC Carteret Currents Swimming	1
CSA-SE Cullman Swim Association	1
CW-GA Cumming Waves	1
DAC-MS Delta Aquatic Club	3
DUKE-NC Duke Aquatics	11
DYNA-GA Dynamo Swim Club	21
FISH-NC Fort Bragg Fighting Fish	1
GCAT-GA Georgia Coastal Aquatic Team	6
GOLD-NC Goldsboro Family YMCA	1
GPAC-SE Greater Pensacola Aquatic Club	1
H2A-SC Hilton Head Aquatics	7
HPSC-NC High Point Swim Club	3
HSA-SE Huntsville Swim Association	1
HURR-GA Columbus Aquatic Club	1
MMST-MS Mississippi Makos Swim Team	1
MTSC-SC Middle Tennessee Swim Club	1
MOR-NC Marlins of Raleigh	34
MSA-SE Madison Swimming Association	2
NCAC-NC North Carolina Aquatic Club	15
PACK-SE Pilot Aquatic Club	26
ROCK-GA Rockdale County Riptides	1
SAC-SE Sevier Aquatics Club	2
SA-GA SwimAtlanta	57
SS1-SC Swim Spartanburg	1
SST-GA Savannah Swim Team	1
STAR-NC Star Aquatics	27
TSC-SE Tullahoma Swim Club	2
UN-QA-GA Unattached Quad-A	1